



Course Registration begins Mon Feb 9th, 2009

Lifeguard Full Certification Classes

(Lifeguard and 1st Aid 3 yr certificate + CPR/AED LG 1 yr certificate)

March 11 – March 15, 2009

May 13 – May 17, 2009

March 25 – March 29, 2009

May 20 – May 24, 2009

April 22 – April 26, 2009

May 27 – May 31, 2009

April 29 – May 3, 2009

May 28 – June 1, 2009

May 6 – May 10, 2009

June 3 – June 7, 2009

Class Format:

Wednesday: 6:00pm-9:00pm / Thursday: 6:00pm – 9:00pm

Friday: 5:30pm – 9pm / Saturday: 8am – 6pm / Sunday: 8am – 6pm

Course Cost: \$275 - includes books.

For Pool Guards, Inc. employees \$100 - includes books.

Attendance at all class sessions is required for course completion

CPR/AED for Lifeguards

(CPR/AED LG 1 year certificate)

Feb 28, 2009

2-8pm

April 26, 2009

2-8pm

Mar 7, 2009

2-8pm

May 2, 2009

2-8pm

Mar 14, 2009

2-8pm

May 3, 2009

2-8pm

Mar 28, 2009

2-8pm

May 9, 2009

2-8pm

Mar 29, 2009

2-8pm

May 10, 2009

2-8pm

April 4, 2009

2-8pm

May 23, 2009

2-8pm

April 5, 2009

2-8pm

May 24, 2009

2-8pm

April 18, 2009

2-8pm

May 25, 2009

2-8pm

April 25, 2009

2-8pm

June 6, 2009

2-8pm

June 7, 2009

2-8pm

Course Cost: \$150 - includes books

For Pool Guards, Inc. employees \$40 - includes books.

To register, call the DuPage Swimming Center: 630-692-1500 x101

Lifeguard Challenge

(Lifeguard and 1st Aid 3 yr certificate + CPR/AED LG 1 yr certificate)

March 21, 2009 2-8pm

April 11, 2009 2-8pm

May 16, 2009 2-8pm

Course Cost: \$150 - includes book.

For Pool Guards, Inc. employees \$80 - includes book.

Lifeguard Challenge: You must possess a current lifeguard certification in order to participate. You will be challenged on all of the lifeguarding skills in and out of the water including First Aid and CPR/AED. Due to time constraints, you will be responsible for knowing these skills before the class. THERE WILL BE NO REVIEW OF SKILLS PRIOR TO TESTING. If you can't fulfill all the requirements you will be sent home and will have to take the full certification class. There will be NO REFUNDS if you do not pass the challenge course for any reason. The challenge course can only be attempted once, so please make sure you understand and can demonstrate all skills. You must also complete the 300 yard swim and retrieve the 10-lb. brick from 9ft. of water. A full list of skills to be tested can be found on the other side of this page. Books can be picked up at the time of registration. It is recommended that you read the entire book and practice the skills before attempting the challenge course. This class will be fast paced and those who do not demonstrate that they know their skills will be asked to leave. Please understand that you will not be able to pass this course without reading the materials and practicing before the class. There will be NO REFUNDS if you do not pass the challenge course for any reason. Upon completion of challenge course you will receive a "Lifeguarding and First Aid" Certificate valid for 3 years and a "CPR/AED for Lifeguards" Certificate valid for 1 year. Approximate course length 6 hours.

Full Lifeguard Certification: This class is for all new lifeguards and also for those whose certifications have expired. You will be required to swim 300 yards consecutively and retrieve a 10-lb. brick from 9ft. of water. Upon completion of this course you will receive a "Lifeguarding and First Aid" Certificate valid for 3 years and a "CPR/AED for Lifeguards" Certificate valid for 1 year. Approximate course length 30 hours.

CPR/AED for Lifeguards: This class is for lifeguards who have already completed the full certification and only need the CPR/AED class for the current year. Upon completion of this course you will receive a "CPR/AED for Lifeguards" Certificate valid for 1 year. Approximate course length 6 hours. This is not a "recert" and no lifeguarding or first aid skills will be taught.

If you are unsure if your certifications are current, please call Tom Lehman 630-692-1500 x 104. PLEASE DO NOT CALL THE FRONT DESK!!

Payment is due at time of registration. We will not hold a spot in a class for you without payment.

Pre-registration with payment required for ALL classes. You will not be able to register if you have not paid. Classes must be cancelled 48 hrs prior to first class time to receive refund. No Refunds will be given for less than 48 hours notice of cancellation.

**\$25 refund fee for all refund requests.
Absolutely no exceptions.**

No refunds will be given for those who do not pass the course for any reason.

Students must attend all classes.

Classes may be cancelled due to low enrollment.